INFORMATION PAGE

Cursillo is a three-day course in Christianity open to all people who attend the Episcopal Church. This weekend will give priority to those who worship in the Diocese of Southern Virginia but is open to others as space allows. You do not have to be invited to attend. You will need a sponsor - a support person who has experienced the weekend and who will:

- help you prepare for your weekend,
- help your family while you are gone
- help you process what you have discovered on the weekend and
- help you participate fully in the larger Cursillo Community

The Cursillo Weekend consists of Episcopal worship services, talks on various religious subjects, small group discussions, singing, eating and fun. It is a time set aside from your daily hectic schedule to gather with fellow Christians to explore, learn and grow in a quiet, supportive setting. The focus will be on your *individual* relationship with God within the larger community of the faithful, not on your marital or family relationships. The weekend does not offer time for extensive spiritual counseling.

The weekend can be emotionally and spiritually intense rather than a time for relaxing. Although the weekend is not physically strenuous, you will be asked to sit for 20-30 minutes at a time, and to walk among the camp buildings on grass and some uneven surfaces. If you are currently experiencing one or more serious difficulties in your life (physical, marital, emotional or spiritual), we suggest that you wait until a more opportune time so that you may focus on your spiritual growth without being distracted by any current difficulties. Candidates with mobility issues can be accommodated (please note any such issues on your application). The weekends are held at the Chanco Center, which is about forty-five minutes from the nearest medical facility. Please consider this if you have serious medical concerns.

Please remember, the Cursillo weekend is designed as three-day retreat. Your Sponsor will be responsible for taking you on Thursday evening and picking you up on Sunday evening.

The cost of the weekend is \$250 (covers all meals and 3 nights in a double occupancy lodge room). DO NOT let the fee prevent you from applying. If you need assistance, please see your priest, or any past Cursillo participants in your parish. A non-refundable deposit of \$100.00 must be sent with the application.

Please return the completed form and payment to your contact.

Contacts: please mail completed applications to:

Cursillo in Southern Virginia P.O. Box 11027 Norfolk, VA 23517

Part 1: CANDIDATE INFORMATION (Please print <u>clearly</u>)

Name (First/Last):				
Preferred name or nickname:			_	
Date of birth: / / 19	Gender	\Box M	□F	
Street Address:				
City, state, zip		-		
Home phone: ()	Cell phor	ne: ()_		
E-mail:				
Home parish:				
Occupation:	(If retire	ed, please in	ndicate your former occupation	on)
Emergency contact (name, phone):				
Weekend preferred: (Please check one block ☐ MEN'S ☐ WOMEN'S ☐ COED or CONCURRENT Please list any physical disabilities, dietary		nts, or spec	ial medical needs:	
Give a brief, frank statement of why you w	vish to make	e a Cursillo	weekend.	
Signature:			_	
Date				

Part 2: SPONSOR'S ENDORSEMENT (Please print <u>clearly</u>)

Candidate name:		Parish:		
Please print this page a before submitting to the			Application) and Part 3 (Clergy End	orsement)
Sponsor's Name:				
Sponsor's Parish:				
Sponsor's Street Addre	ess:			
Sponsor's City, State,	Zip:			
Sponsor's Phone – Day	y:		_ Night:	
Cell phone:	E-m	nail:		
I believe that this Cand	didate should make a	Cursillo becar	use:	
Dlagga list any health o	or diat restrictions the	ot would limit:	this Candidate's participation:	
Please list any nearm (of the restrictions the	it would illilit	tills Calididate's participation.	
Which of the following check more than one.	g best describes your	candidate? (th	his will help in table assignment)	You may
☐ Outgoing	☐ Leader ☐]	Introspective	□ Reserved	
I do solemnly promise do my utmost to fulfill			read the Sponsor's Covenant, and the didate.	nat I will
Sponsor's Signature:				
		Γ	Date:	
G '11 ' G 1	T 1			
Cursillo in Souther P.O. Box 11027	rn Virginia			

P.O. Box 11027 Norfolk, VA 23517

Part 3: CLERGY ENDORSEMENT (Please print clearly)

Candidate name:	Parish:	
Please print this page and use it	s an application form to provide the information requested.	
Clergy Name:		
Parish:		
Address:		
_		
I have known the Candidate for		the
Candidate's Cursillo more effect		
Clergy Signature:	Date:	
	the Application (Part 1-Candidate Application, Part 2-Spons Endorsement) along with the \$250 fee or a non-refundable \$	
Cursillo in Southern Virgini P.O. Box 11027	ı	

Revised: Sept. 2009

Norfolk, VA 23517

SPONSOR'S COVENANT

Sponsors: It is important that you support your candidate before, during and after his/her Cursillo weekend. Your support could mean the difference between their weekend being just a 'nice weekend experience,' versus a life-long system for sustaining spiritual strength and growth.

Here is a checklist of sponsor responsibilities:

Вe	fore the weekend:
	Speak with the clergy who knows the Candidate well before speaking with the Candidate
	about making a Cursillo.
	Pray for my Candidate daily.
	Help my Candidate complete the application well in advance of the weekend.
	Make sure my Candidate responds to the invitation to attend when it arrives.
	Ensure that my Candidate's fees are paid.
	Arrange transportation for my Candidate to and from the weekend.
	Be open with my Candidate about the weekend. There are no secrets to be kept.
Dι	ring my Candidate's weekend:
	Go with my Candidate and stay until he/she is acclimated.
	Surround my Candidate with prayer.
	Help my Candidate's family during the weekend in whatever ways I can, or arrange for help if
_	I am serving on team
Ц	Pick up my Candidate at the end of the weekend.
Af	ter the weekend:
	Help my Candidate settle in a Reunion Group that meets his/her needs
	Encourage my Candidate to stay active in Cursillo by inviting and /or taking him or her to
	Ultreyas and Days of Deeper Understanding.
	Encourage my Candidate to serve on a Team one year after his/her weekend.